



Welcome to Outdoor Adventure

We look forward to welcoming you to the Outdoor Adventure Department!

If you are unsure of anything, the below information will be further explained at Enrolment Day and during your induction.

Introduction

We are looking forward to welcoming you to the course. Here are some key pieces of information you may need, to help you plan for the course and know what to expect.

This is an ever-evolving, exciting course which offers a range of practical and theoretical learning opportunities. With our newly developed activities broadening our curriculum, you can look forward to practical sessions in kayaking, canoeing, caving, canyoning, mountaineering and climbing – to name just a few! For many of these robust learning experiences, we offer the opportunity to complete nationally recognised skills awards and meet the training requirements for national governing body awards.

What you'll need for your course

To get the best out of your course, it helps to ensure you have the resources you will require. We strongly recommend that you purchase the following:

- Pen, coloured pens, pencil, ruler, eraser, highlighter, and sharpener
- Pad of A4 lined paper
- Lever-arched file
- Laptop or other internet enabled device (this is not essential, however it is recommended)

We have recently struck a deal with Alpkite, who will now be providing the outdoor adventure course uniform kit, which includes a thermal base layer and a fleece top. During the first week, we will be traveling to the Alpkite shop in Ambleside, where you will have opportunity to try on the items to check sizes before ordering.

Due to the level of enrichment opportunities on offer throughout the course we ask for a payment of £250, this includes: uniform kit, First Aid course, British Canoeing Performance Awards certification, 4 day residential trip (in October). This cost is in-line with other courses offering a large number of external trips and enrichment such as ourselves. This payment is due by 6th September.

Our Student Services team offer financial support towards the costs of coming to college. For further guidance, please contact one of the team directly on: **01539 814700** or go to the student money pages on the website.



Find out more...



Prepare for your course
Scan the QR code

Department information
kendal.ac.uk/active

Day-to-day student life
  **@kendaloutdoor**



Summer preparation

Before you start in September, we recommend you take part in as adventurous activities you can, and if you haven't already, join your local outdoor clubs.

Summer Activity

To tie an alpine butterfly knot in the fastest time possible (tutor time: 4 seconds).

To complete this task, please watch the video links

kend.al/abktc

kend.al/sktc

Once completed, send a picture of the completed knot and the time you did it in to **josh.litten@kendal.ac.uk**.

Enrichment information

The outdoor course involves a highly active programme where you will engage with local facilities and natural outdoor resources on a weekly basis. Throughout the study programme, we also organise essential trips and residential visits to broaden your experience in the industry. We are planning to run a residential trip to North Wales on 1st – 4th October so please consider this in your personal planning.

Work experience

As part of your course you are required to complete 35 hours of work experience which is a mandatory part of your study programme.

Your 35 hours can be completed over one week or spread across a number of weeks. The format of your work placement will be discussed in more detail when you start your course.

Where do I start looking for a placement?

- Look at a variety of large and small companies in your local area that may have opportunities available
- Ask friends and family – do you know anyone who may be able to offer you a relevant work placement?
- Don't be afraid to contact employers directly (make sure your CV is up to date in case they ask for it!)
- Be ahead of the game – remember there are lots of other students looking for placements, so the sooner you start exploring your options the better

If you have any questions or need any further advice relating to your work placement, you can contact the Student Experience and Progression team on **01539 814700** or email **studentexperience@kendal.ac.uk**