



Welcome to Health and Social Care

We are looking forward to welcoming our future health and social care professionals and working together with you to help you to achieve your full potential. We are committed to developing motivated students who will be able to demonstrate the health sector core values and make a difference in our society.

What you'll need for your course

To get the best out of your course, it helps to ensure you have the resources you will require. We strongly recommend that you purchase the following:

- Pen, coloured pens, pencil, ruler, eraser, highlighter and sharpener
- Pad of A4 lined paper
- Lever-arched file
- Laptop or other internet enabled device

On your Enrolment Day we also require you to bring the following:

- Documentation for your DBS (please check the document list provided for further information on what to bring with you)
- Fee for T-level placement t-shirt (bank transfer/cash only) - Current cost is £16 (subject to change)
- Fee for your DBS (bank transfer/cash only) - Current cost is £49.50 (subject to change)
- Please bring a print of your vaccination record from your GP for occupational health clearance form for NHS T-level placement

For more information about these items and the course itself, please visit kendal.ac.uk/welcome

Our Student Services team offer financial support towards the costs of coming to college. For further guidance, please contact one of the team directly on: **01539 814700** or go to the student money pages on the website.

Summer preparation

We'd encourage you to watch/read/listen to as much content relating to the course as possible (ideas below) to help you prepare for your studies in September.

Textbooks: Hodder Education: T-Level Health core and Occupational Specialism textbooks.

Netflix: Babies, Marriage Story, Louis Theroux: Extreme love – Dementia, Five Feet Apart, Brain on Fire, Theory of Everything, What to Expect when you're Expecting, Unbroken, "Girl, interrupted", Call the Midwife, 13 Reasons Why, and Pandemic: How to Prevent an Outbreak.

BBC iPlayer: Elizabeth is Missing, Rio & Kate: Becoming a Stepfamily, and Jesy Nelson: Odd One Out.

Channel 4/All4: Confessions of a Junior Doctor, Born to be Different, and Secret life of... Year Olds.

DVDs: Bohemian Rhapsody and Still Alice.

Amazon Prime: The Children Act, The Upside, Beautiful Boy, and Miss You Already.

Books: Pig-Heart Boy, Wonder (R.J. Palacio), This is Going to Hurt (Adam Kay), When Breath Becomes Air, The Hate U Give, Me before You (Jojo Moyes), The Fault in Our Stars, The Story of Baby P, Savage Girls and Wild Boys, The Language of Kindness: A Nurse's Story, I Am Malala, and The Boy Who Couldn't Stop Washing.



Find out more...



Prepare for your course
Scan the QR code

Department information
kendal.ac.uk/health



Enrichment activities

Alongside your course, the department organises an annual residential. A previous trip to Poland provided learners with the opportunity visit Auschwitz-Birkenau, take a guided tour of Krakow and a visit to the salt mines. This trip provided a compelling experience which challenged learner's values, encouraged compassion and allows for greater consideration of welfare and diversity. Health and Social Care learners are also invited to NHS events, and guest speakers/visits to local health and social care settings take place over the academic year. Throughout the year there are also various 'taster day' visits to universities, which offer health and social care degrees in nursing, midwifery, social work, criminology, psychology, occupational therapy, physiotherapy and many more.

We look forward to welcoming you to the Health & Social Care Department!

If you are unsure of anything, this information will be further explained at Enrolment Day and during your induction.

Work experience

Work placement is a mandatory part of your course.

Level 2

You will need to complete a 2-week block placement. Your tutors will be able to give you more information on this on Enrolment Day.

How can I prepare for my work placement?

- Think about what interests you and do some research into workplaces in the local area
- Ask friends and family – do you know anyone who may be able to offer you a relevant work placement?

If you have any questions or need any further advice relating to your work placement, you can contact the Student Experience and Progression team on **01539 814700** or email **studentexperience@kendal.ac.uk**

T-Level

You will need to complete 315 hours of work placement which could be with the NHS or other college approved employers, over the two-year course.

You may be required to travel independently to NHS placements at locations across the trust, as placements are subject to availability within each area.

Within the first 6 weeks of college, you will be expected to do the following in preparation for your first NHS placement. This is all compulsory and without it you will be unable to access an NHS placement.

- NHS Manual Handling Training
- Infection Prevention and Control Training
- Occupational Health Checks
- DBS Enhanced Disclosure
- NHS e-training

Some of this training may be provided at one of the MBHT hospital sites. In this case, you will need to make arrangements for safe transportation there.