

A-Levels

**Thank you for choosing to study
A-Levels at Kendal College.**

A-Levels at Kendal College are taught within the KCSixth, which sits within the Westmorland Campus, a bespoke and friendly place to learn, right in the heart of Kendal town centre. Due to this campus' town centre location everything you could need is close by, including shops, town library, cafés and transport links across the county and beyond.

Located on the upper floor of the Westmorland Shopping Centre and currently undergoing an exciting refurbishment, the KCSixth is becoming an even better place to learn, study and socialise. You'll find modern classrooms, specialist science and business facilities, creative spaces and plenty of support from staff whenever you need it.

Whether you're aiming for university, an apprenticeship or developing your future career, KCSixth at Kendal College is a great place to make the most of your next two years as an A-Level learner.

What you'll need for your course

To help you prepare for your studies, we recommend that you bring the following items:

- Subject textbooks - AQA for A-Levels, WJEC for Criminology.
- Stationery – pens, highlighters, a calculator, ruler, notepad, a folder per A-Level.
- Laptop –although laptops and computers are provided, you're welcome to bring your own device to support your learning.
- Your smartphone – we sometimes encourage you to use your phone for research and reference during taught sessions.

Enrichment Activities

Individual subjects may organise trips which are relevant to their subject areas, e.g. Law students have visited a magistrate's court and watched court sessions in progress, Business students attended a subject conference and many students visit university campus within the region.

UCAS

You will have the opportunity to attend UCAS careers exhibitions, to find out more about university applications, along with dedicated lesson to aid you with your application and research.

A little help

If you need financial support, our Student Experience team can help. Call 01539 814700 for guidance or visit our Student Money page on our website: <https://kendal.ac.uk/life-at-kendal-college/student-money>

Enriched Learning Opportunities

During your time with us, you will be able to consider enjoying other subjects and activities to further enrich your learning activities and to add to your CV and UCAS application.

- Core Maths – practical maths course equivalent to ½ A-Level
- EPQ – individual research project equivalent to ½ A-Level
- Duke of Edinburgh – Bronze or Silver Award
- Join enrichment activities and clubs to develop your interests beyond A-Level and to meet other students.

We look forward to welcoming you to KC Sixth!

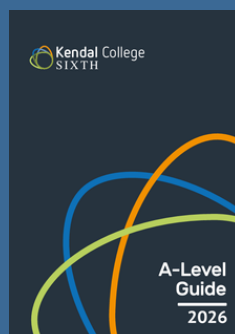
If you are unsure of anything, this information will be further explained at Enrolment Day and during your induction.

Find out more...



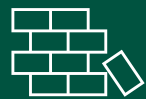
Prepare for your course
Scan the QR code

Department information
kendal.ac.uk/kcsixth



Scan the QR code
to download our
A-Level Guide.





Plumbing

Thank you for choosing to study Plumbing at Kendal College.

You're about to begin an exciting, hands-on journey into the Plumbing & Heating industry – a sector full of opportunity, innovation and real-world progression.

At Kendal College, you'll learn from industry experts who bring years of professional experience straight into the workshop. Their knowledge, guidance and support will help you build the essential skills needed to progress confidently into the many branches of the BSE industry.

What you'll need for your course

To get the most out of your practical sessions, arrive prepared with:

- Steel-toe-capped boots
- One- or two-piece overalls/work pants & a long-sleeved top
- Pen, pencil, ruler & eraser
- Calculator (not your phone)
- Memory stick
- City & Guilds Plumbing Course Book (Level 1, 2 or 3)
- Tracksuits and trainers aren't allowed in workshops – safety comes first.
- You may also choose to buy your own toolkit or workwear (blue polo & sweater), although tools are provided.

Choosing PPE that feels comfortable is essential. Try different options before you buy – the right kit makes a huge difference to your confidence and safety.

If you need financial support, our Student Experience team can help. Call 01539 814700 for guidance or visit our Student Money page on our website:
<https://kendal.ac.uk/life-at-kendal-college/student-money>

Summer preparation

Before September, take some time to explore the plumbing and heating world. The industry is evolving fast – especially with renewable technologies like heat pumps and solar thermal systems helping the UK reach net-zero targets. A bit of research on YouTube or Google will give you a great head start.

You'll learn about progression routes throughout your course, but familiarising yourself now will help you feel confident from day one. If you have questions over the summer, get in touch – we're here to help.

Reading as much as you can about the BSE industry and the role of a Plumbing and Heating Technician within it, will also help. The links below will help with this:

- [kend.al/cgtbs](https://kendal.ac.uk/cgtbs)
- <https://nationalcareers.service.gov.uk/job-profiles/building-services-engineer>

Enrichment activities

Alongside your course, you'll take part in a range of enrichment experiences designed to build confidence, teamwork and industry insight – from trips and visits to hands-on challenges and employer engagement. These activities help you see your subject in action and make your learning even more exciting.

We're also looking forward to welcoming you into our fully furnished classrooms and workshops, equipped with the latest facilities and digital technology to support your development.

We're proud of what we offer and we can't wait to see you thrive in the new academic year. If you're unsure about anything, don't worry – everything will be explained at Enrolment Day and during your induction.

Find out more...



Prepare for your course
Scan the QR code

Department information
kendal.ac.uk/construction

Day-to-day student life

  [@kendalconstruction](https://www.instagram.com/kendalconstruction)

Work experience

As part of your course you are required to complete 35 hours of work experience which is a mandatory part of your study programme.

Your 35 hours can be completed over one week or spread across a number of weeks. The format of your work placement will be discussed in more detail when you start your course.

Where do I start looking for a placement?

- Research local employers and organisations that interest you.
- Ask friends and family if they know of any placement opportunities.
- Contact employers directly and make sure your CV is up to date.
- Start looking early to give yourself the best chance of finding a placement.

If you have any questions or need any further advice relating to your work placement, you can contact the Student Experience and Progression team on **01539 814700** or email studentexperience@kendal.ac.uk



Electrical

Thank you for choosing to study Electrical Installation at Kendal College.

You're joining one of Kendal College's most successful, fast-moving and rewarding courses. Electrical Installation is a hands-on, high-energy programme where you'll develop real industry skills, complete practical assessments and build the confidence needed to progress into a growing and essential sector.

Our tutors are industry professionals who will support you every step of the way as you work through four major exams, 14 practical assessments and written assignments. It's challenging, but incredibly exciting.

What you'll need for your course

Arriving prepared helps you get the most out of your sessions. Please bring:

- Steel-toecap boots or safety trainers
- Pens & pencils
- A set of coloured pencils
- Ruler & eraser
- Scientific calculator (not your phone)
- A4 notebook or file
- Electrical Installation Work: L2 EAL Edition textbook (ISBN 978-0-367-19561-8)
- Tracksuits and trainers aren't allowed in workshops - safety is key.

All tools required for your practical work are provided by the department.

If you need financial support, our Student Experience team can help. Call 01539 814700 for guidance or visit our Student Money page on our website:
<https://kendal.ac.uk/life-at-kendal-college/student-money>

Summer preparation

As you enjoy your summer, whether you're working, travelling or relaxing, take a moment to notice just how much around you is powered by electricity. Think about how power reaches each item, the systems behind it, and the people who keep everything running safely. This simple awareness will give you a great head start for September.

Summer contact

Around 22nd August, we will begin organising groups and final course logistics. You'll receive a text from us with everything you need to know. This is your chance to confirm your place, share your GCSE results and ask any questions before you arrive.

Enrichment activities

Throughout the year, you'll take part in a range of trips and visits designed to build teamwork, confidence and industry insight. These may include:

- Go Ape
- Bowling
- Visits to major employers such as Electricity North West, EDF and other large electrical sites

These experiences help you understand the industry from the inside and make your learning even more exciting.

We're proud of what we offer and we can't wait to see you thrive in the new academic year. If you're unsure about anything, don't worry - everything will be explained at Enrolment Day and during your induction.

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Department information
kendal.ac.uk/construction

Day-to-day student life

  **@kendalconstruction**

Work experience

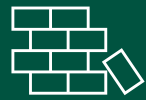
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- Contact employers directly and make sure your CV is up to date.
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If you have any questions or need any further advice relating to your work placement, you can contact the Student Experience and Progression team on **01539 814700** or email **studentexperience@kendal.ac.uk**



Joinery

Thank you for choosing to study Joinery at Kendal College.

Welcome to a course where creativity meets craftsmanship. Joinery is all about precision, problem-solving and building real-world skills that employers value – and you're about to dive straight in. At Kendal College, you'll learn from industry-experienced tutors who will guide you through hands-on projects, practical challenges and the essential techniques that shape the construction industry. This is your chance to develop confidence, skill and pride in the work you create.

What you'll need for your course

To get the best out of your workshop sessions, please bring:

- Steel-toe-capped boots
- Pens, pencils, ruler & eraser
- Calculator (not your phone)
- Pad of A4 lined paper
- Lever-arch file
- Scale ruler
- Geometry set
- Tape measure
- Combination padlock (for storing your items in the workshop)
- You may also want to bring a toolkit, but speak to your tutor first once you've seen what's available to use.
- Tracksuits and trainers aren't allowed in workshops – safety is essential.

If you need financial support, our Student Experience team can help. Call 01539 814700 for guidance or visit our Student Money page on our website: <https://kendal.ac.uk/life-at-kendal-college/student-money>.

Summer preparation

Personal Profile: Create a personal profile to introduce yourself to us and bring with you on Enrolment Day.

Your profile should include:

- Name
- Age
- Previous education: list the schools and any relevant courses you've completed
- Interests: Share your hobbies and passions
- Holidays: Mention any memorable holidays you've been on
- Career aspirations: Describe your career goals in the construction industry
- Course expectations: Explain what you hope to achieve and learn from the course
- Headshot: Include a recent photo of yourself.

Enrichment activities

Throughout the year, you'll take part in trips, visits and hands-on experiences that help you build confidence, teamwork and industry awareness. These activities bring your learning to life and give you a deeper understanding of the construction world.

We're also excited to welcome you into our fully furnished classrooms and workshops, equipped with up-to-date facilities and digital technology to support your development.

We're proud of what we offer and we can't wait to see you thrive in the new academic year. If you're unsure about anything, don't worry – everything will be explained at Enrolment Day and during your induction.

Find out more...



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Department information
kendal.ac.uk/construction

Day-to-day student life

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Construction Skills

Thank you for choosing to study Construction Skills at Kendal College.

Welcome to a course built around hands-on learning, practical problem-solving and real industry experience. Construction Skills is your gateway into the wider construction world - a place where you'll develop confidence, teamwork, technical ability and the foundations needed to progress into a range of exciting careers. Our tutors bring industry knowledge straight into the workshop, supporting you as you learn, create and grow.

What you'll need for your course

To get the best out of your workshop sessions, please bring:

- Steel-toe-capped boots
- Pens, pencils, ruler & eraser
- Calculator (not your phone)
- Pad of A4 lined paper
- Lever-arch file
- Scale ruler
- Geometry set
- Tape measure
- Combination padlock (for storing your items in the workshop)
- You may also want to bring a toolkit, but speak to your tutor first once you've seen what's available to use.
- Tracksuits and trainers aren't allowed in workshops - safety is essential.

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- Holidays: Mention any memorable holidays you've been on
- Career aspirations: Describe your career goals in the construction industry
- Course expectations: Explain what you hope to achieve and learn from the course
- Headshot: Include a recent photo of yourself.

Enrichment activities

Throughout the year, you'll take part in trips, visits and hands-on experiences that help you build confidence, teamwork and industry awareness. These activities bring your learning to life and give you a deeper understanding of the construction world.

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Department information
kendal.ac.uk/construction

Day-to-day student life

  @kendalconstruction

Work experience

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- Contact employers directly and make sure your CV is up to date.
- Start looking early to give yourself the best chance of finding a placement.

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Motor Vehicle

Thank you for choosing to study Motor Vehicle at Kendal College.

Love engines? Love hands-on learning? Motor Vehicle is your route into a fast-growing industry full of exciting pathways – from garage diagnostics to motorsport and EV tech.

Our expert tutors bring real workshop experience to every session, helping you build the skills and confidence to take your next step in the motor trade.

What you'll need for your course

To stay organised and get the best out of your sessions, we strongly recommend bringing:

- Pen, coloured pens, pencil, ruler, eraser, highlighter & sharpener
- Pad of A4 lined paper
- Scientific calculator
- Steel-toe-capped boots
- We'll provide your overalls and ask for a £10 contribution to cover cleaning and maintenance for the year.

If you need financial support, our Student Experience team can help. Call 01539 814700 for guidance or visit our Student Money page on our website: <https://kendal.ac.uk/life-at-kendal-college/student-money>

Summer preparation

If you want a head start before September, explore some of the books, films and shows recommended by your tutors. They'll help you understand the industry, spark your curiosity and get you thinking like a technician.

Books by Tom Denton:

- Automobile Mechanical and Electrical Systems
- An Introductory Guide to Motor Vehicle Maintenance: Light Vehicles

Films & TV

- The Cannonball Run
- Journey to Le Mans
- Senna
- Ford v Ferrari
- Rush
- Le Mans
- Williams
- Top Gear
- The Grand Tour

- Games: Car Mechanic Simulator

These are great ways to build your understanding of vehicles, motorsport and the engineering behind them – all while enjoying your summer.

Enrichment activities

Throughout the year, you'll take part in exciting enrichment experiences that bring the motor industry to life, including:

- Go-karting
- Motor museums
- Car shows
- Team-building activities like paintballing and Blackpool Pleasure Beach

These activities help you build confidence, teamwork and real-world insight – and they're a lot of fun.

We're also excited to welcome you into our fully furnished classrooms and workshops, equipped with up-to-date facilities and digital technology to support your learning.

We're proud of what we offer and we can't wait to see you thrive in the new academic year. If you're unsure about anything, don't worry – everything will be explained at Enrolment Day and during your induction.

Find out more...



Prepare for your course
Scan the QR code
Department information
kendal.ac.uk/motors



Work experience

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- Ask friends and family if they know of any placement opportunities.
- Contact employers directly and make sure your CV is up to date.
- Start looking early to give yourself the best chance of finding a placement.

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Engineering

Thank you for choosing to study Engineering at Kendal College.

Welcome to the world of Engineering - where ideas become reality. Whether you're interested in cutting-edge technology, renewable energy, manufacturing, design or problem-solving, this is where your journey starts. You'll learn from experienced industry professionals, gain hands-on skills in our workshops and develop the knowledge and confidence needed for apprenticeships, university or employment. We're excited to help you build your future.

What you'll need for your course

To get the best out of your course, it helps to ensure all of your work is organised and that you have the resources you will require. We strongly recommend that you purchase the following:

- Pen, coloured pens, pencil, ruler, eraser, highlighter and sharpener
- Pad of A4 lined paper
- Scientific calculator
- Overalls/boiler suit (engineering uniform available to purchase from Coniston Embroidery's online shop)
- Safety boots (steel-toe capped) - e.g. Groundwork Safety Boot (GR77)
- Safety glasses (CE Marked, EN166 Compliant) - e.g. RS Pro Safety Glasses (141-8300)
- You can use your device, laptop or tablet to take notes in the lesson. Throughout your course, you will have access to specialist college equipment & software.

Our Student Services team offer financial support towards the costs of coming to college. For further guidance, please contact one of the team directly on: **01539 814700** or go to the student money pages on the website.

Summer preparation

We encourage you to watch/read/listen to as much engineering related content as possible to help you prepare for your studies in September.

Films:

- Hidden Figures
youtube.com/watch?v=DrZC74gtRpE
- World's Fastest Indian
youtube.com/watch?v=02Yy1vihIKs
- The Martian
youtube.com/watch?v=ej3ioOneTy8

Games:

- Mechanical: Factory Balls Forever (engineering.com), Marble Run (crazygames.com) and Bionic Arm Design Challenge (trynanotechnology.org)
- Electrical: Wired - The Game

Books:

- The Design of Everyday Things (Donald A. Norman)
- The Existential Pleasures of Engineering (Samuel C Florman)
- The Canon (Natalie Angier)
- The Toaster Project (Thomas Thwaites)
- Unauthorized Bread (Cory Doctorow).

YouTube:

- YouTube films: youtu.be/RXJKdh1KZ0w
- YouTube channels: Smarter Everyday, Mark Rober,
- Electroboom, Laura Kampf, Colin Furze, Steve Mould.

Enrichment activities

During your time with us, you'll have the opportunity to get involved in exciting enrichment activities that bring your learning to life, including Go-kart build projects, wind turbine projects, engineering competitions and challenges, industry visits, guest speakers and masterclasses, apprenticeship and university progression events.

These experiences help you develop practical skills, build your CV and explore the many pathways available within the engineering industry.

We're proud of what we offer and we can't wait to see you thrive in the new academic year. If you're unsure about anything, don't worry - everything will be explained at Enrolment Day and during your induction.

Find out more...



Prepare for your course
Scan the QR code

Department information
kendal.ac.uk/engineering



Work experience

Work placement is a mandatory part of your course. The required hours will vary depending on your course, and further information will be provided on Enrolment Day.

T Level students must complete 315 hours of industry placement, which will be discussed when you start your course.

Where do I start looking for a placement?

- Research local employers and organisations that interest you.
- Ask friends and family if they know of any placement opportunities.
- Contact employers directly and make sure your CV is up to date.
- Start looking early to give yourself the best chance of finding a placement.

If you have any questions or need any further advice relating to your work placement, you can contact the Student Experience and Progression team on **01539 814700** or email studentexperience@kendal.ac.uk



Health and Social Care

Thank you for choosing to study Health and Social Care at Kendal College.

We're excited to support the next generation of Health & Social Care professionals. Throughout your course, you'll develop the skills, knowledge and confidence needed to succeed while learning the core values of care, compassion and professionalism.

What you'll need for your course

To get the best out of your course, it helps to ensure you have the resources you will require. We strongly recommend that you purchase the following:

- Pen, coloured pens, pencil, ruler, eraser, highlighter and sharpener
- Pad of A4 lined paper
- Lever-arched file
- Laptop or other internet enabled device

On your Enrolment Day we also require you to bring the following:

- Fee for T-Level placement T-shirt (bank transfer/cash only)- current cost is £16 (subject to change)
- Please bring a print of your vaccination record from your GP for occupational health clearance form for NHS T-Level placement

DBS Information

Please do not bring your DBS documentation or payment to Enrolment Day. Students requiring a DBS check will be invited to attend a dedicated DBS session after enrolment, where you will be advised what documents to bring and how to complete the process.

The DBS fee is currently £49.50 (subject to change) and payment will be collected during the DBS appointment.



Find out more...



Prepare for your course
Scan the QR code
Department information
kendal.ac.uk/health



Summer preparation

Get ready for September by exploring some Health & Social Care-related books, films and documentaries. These will help you develop your understanding of important topics and issues within the sector.

Recommended Resources

- Textbooks: Hodder Education T Level Health Core and Occupational Specialism textbooks
- Netflix: Babies, Call the Midwife, Five Feet Apart, Brain on Fire, Pandemic: How to Prevent an Outbreak
- BBC iPlayer: Elizabeth Is Missing, Jesy Nelson: Odd One Out
- Channel 4/All4: Confessions of a Junior Doctor, Born to be Different
- Amazon Prime: The Children Act, Beautiful Boy
- Books: Wonder, This Is Going to Hurt, When Breath Becomes Air, The Language of Kindness, I Am Malala

Explore as many as you can over the summer to gain an insight into the world of Health & Social Care.

Our Student Services team offer financial support towards the costs of coming to college. For further guidance, please contact one of the team directly on: **01539 814700** or go to the student money pages on the website.

Enrichment activities

Alongside your studies, you'll have the chance to take part in a range of enrichment activities that bring your learning to life. Previous students have taken part in a residential visit to Poland, including Auschwitz-Birkenau and Kraków, helping to develop their understanding of compassion, diversity and social responsibility.

You'll also have opportunities to attend NHS careers events, hear from guest speakers, visit health and social care settings, and explore university courses through taster days and open events.

These experiences will help you discover progression routes into careers such as nursing, midwifery, social work, psychology, physiotherapy, occupational therapy and many more.

We're proud of what we offer and we can't wait to see you thrive in the new academic year. If you're unsure about anything, don't worry - everything will be explained at Enrolment Day and during your induction.

Work experience

Level 2 Students: You will complete a two-week block placement as part of your course. Further details will be provided by your tutors during Enrolment Day and induction.

T Level Students: As part of your course you are required to complete 315 hours of work experience which is a mandatory part of your study programme.

Your 315 hours can be completed over one week or spread across a number of weeks. The format of your work placement will be discussed in more detail when you start your course.

Where do I start looking for a placement?

- Research local employers and organisations that interest you.
- Ask friends and family if they know of any placement opportunities.
- Contact employers directly and make sure your CV is up to date.
- Start looking early to give yourself the best chance of finding a placement.

If you have any questions or need any further advice relating to your work placement, you can contact the Student Experience and Progression team on 01539 814700 or email studentexperience@kendal.ac.uk



Education & Early Years

Thank you for choosing to study Education & Early Years at Kendal College.

Get ready to begin an inspiring journey into the world of early childhood and education. At Kendal College, you'll build real skills, gain hands-on experience, and grow the confidence you need to shape young lives and take your next step into work or higher education.

What you'll need for your course

To stay organised and ready to learn, bring:

- Pens, coloured pens, pencil, ruler, eraser, highlighter, sharpener
- A4 lined paper
- Lever-arch file
- Laptop or device (recommended, but not essential – you can borrow one from college)

Our Student Services team offer financial support towards the costs of coming to college. For further guidance, please contact one of the team directly on: **01539 814700** or go to the student money pages on the website.

Summer preparation

Before September, read the What to Expect article (Nursery World Magazine, June 2025) and jot down your thoughts to bring to induction. Explore early years websites like:

- Early Years Excellence
- Royal Foundation for Early Childhood Early Years Alliance

Recommended textbook: Hodder Education: Education & Early Years T Level – Early Years Educator (2026 edition)

On your Enrolment Day we also require you to bring the following:

- Fee for DBS (bank transfer/cash only) - current cost is £49.50 (subject to change)
- Fee for your placement T-shirt (bank transfer/cash only) - current cost is £16 (subject to change)

For more information about these items and the course itself, please visit kendal.ac.uk/welcome

Enrichment activities

You'll hear from inspiring guest speakers, explore a range of local nurseries and schools and see brilliant practice in action.

Back on campus, you'll sharpen your skills in our real-world learning environment - a safe, supportive space to try things out, build confidence and get placement-ready. It's hands-on, engaging and designed to help you step into your first setting feeling prepared and excited.

We're proud of what we offer and we can't wait to see you thrive in the new academic year. If you're unsure about anything, don't worry - everything will be explained at Enrolment Day and during your induction.

Find out more...



Prepare for your course
Scan the QR code
Department information
kendal.ac.uk/education

Work experience

Level 2 students – you will be in placement one full day a week. When you come to college, please bring your preferred 1st and 2nd placement settings for Early Years and Primary School.

T-Level students – you will be required to complete 315 hours. This could be two full days each week. Please bring your preferred placement for an Early Years setting.

Where do I start looking for a placement?

- Research local employers and organisations that interest you.
- Ask friends and family if they know of any placement opportunities.
- Contact employers directly and make sure your CV is up to date.
- Start looking early to give yourself the best chance of finding a placement.

If you have any questions or need any further advice relating to your work placement, you can contact the Student Experience and Progression team on **01539 814700** or email studentexperience@kendal.ac.uk



Hospitality & Catering

Thank you for choosing to study Hospitality & Catering at Kendal College.

Step into a world of creativity, flavour and fast-paced teamwork. In Hospitality & Catering, you won't just learn recipes - you'll develop the professional skills, confidence and flair that make this industry so exciting. Whether you dream of running a restaurant, becoming a chef, working in events or exploring food innovation, this course is your starting point.

What you will need for your course

To get the best out of your course, it helps to ensure you have the resources you will require. We recommend that you purchase the following:

- Pens, coloured pens, pencil, ruler, eraser, highlighter, sharpener
- A4 lined paper
- Lever-arch file

You will also be required to purchase uniform and equipment specific to your course. Please visit kendal.ac.uk/welcome for information on this.

If you need financial support, our Student Experience team can help. Call 01539 814700 for guidance or visit our Student Money page on our website: <https://kendal.ac.uk/life-at-kendal-college/student-money>

Summer preparation

We encourage you to watch, read and listen to as much hospitality & catering related content as possible to help you prepare for your studies.

Warm up your creativity with two fun challenges designed to get you thinking like a chef:

Mocktail Making

Summer's on the way, and it's time to get creative! We're challenging you to mix up your very own non-alcoholic **Red Lemonade Mocktail** – something fresh, colourful and worthy of showing off to your family and friends.

Use the recipe below to practise your skills, then snap a photo of your finished drink. We'll be judging creativity, presentation and flair... and the best-looking mocktail wins a prize at the start of term.

Ingredients

- 100ml cloudy apple juice
- 35ml lemonade (top up)
- 100ml fresh orange juice
- Garnish: orange or apple slice
- A splash of grenadine (50ml-added last!)

Method

Follow the ingredients in order, building your drink layer by layer. Finish with a drizzle of grenadine to create that perfect sunset effect - then garnish, photograph and get ready to impress.

Paul's omelette challenge

Time for a bit of fun! Cook a restaurant-standard omelette for someone at home and show off your skills. Get a family member to snap photos or film you in action, then send your masterpiece to paul.waring@kendal.ac.uk. Paul will send you feedback and there might even be a prize...

Want a head start? Watch his demo on YouTube: youtu.be/iwiKUZ0-yhw

Enrichment activities

You'll dive into guest chef masterclasses, learning advanced techniques and working with specialist ingredients. In our training kitchens and restaurant, you'll serve real customers - fast, fun and perfect for building confidence.

You'll also head out on industry visits to bakeries, chocolatiers and food producers to see the sector in action. And the highlight? A European residential trip packed with new flavours, iconic food destinations and fresh inspiration for your work back in college.

We're proud of what we offer and we can't wait to see you thrive in the new academic year. If you're unsure about anything, don't worry - everything will be explained at Enrolment Day and during your induction.

Find out more...



Prepare for your course

Scan the QR code

Department information

kendal.ac.uk/hospitality

Day-to-day student life

  [@kendalculinary](https://www.instagram.com/kendalculinary)

Work experience

As part of your course you are required to complete 35 hours of work experience which is a mandatory part of your study programme.

Your 35 hours can be completed over one week or spread across a number of weeks. The format of your work placement will be discussed in more detail when you start your course.

Where do I start looking for a placement?

- Research local employers and organisations that interest you.
- Ask friends and family if they know of any placement opportunities.
- Contact employers directly and make sure your CV is up to date.
- Start looking early to give yourself the best chance of finding a placement.

If you have any questions or need any further advice relating to your work placement, you can contact the Student Experience and Progression team on **01539 814700** or email studentexperience@kendal.ac.uk



Outdoor Adventure

Thank you for choosing to study Outdoor Adventure at Kendal College.

If you love the outdoors, this is the course for you! We can't wait to welcome you onto a fast-moving, hands-on programme that blends practical adventure with essential theory.

You'll spend your time climbing, caving, kayaking, canyoning, scrambling, navigating and pushing your limits in some of the most stunning landscapes in the UK. Every week brings a fresh challenge and a new chance to grow your confidence, teamwork and resilience.

Alongside these adventures, you'll have the opportunity to work towards nationally recognised skills awards and complete training that leads directly into national governing body qualifications. It's exciting, demanding and designed to help you build real outdoor leadership skills from day one.

What you will need for your course

To get the most out of Outdoor Adventure, make sure you're equipped and ready to go. We recommend bringing:

- Pens, coloured pens, pencil, ruler, eraser, highlighter, sharpener
- A4 lined paper
- Lever-arch file
- Laptop or internet-enabled device (recommended, not essential)
- Your official course uniform - a thermal base layer and fleece - is supplied through our partnership with Alpkit. In your first week, we'll head to their Ambleside store so you can try on kit and order the right sizes.

Package Costs

Because this course includes a huge range of enrichment opportunities, there is a £250 package cost, which covers:

- Your uniform kit
- First Aid qualification
- British Canoeing Performance Awards
- A 4-day residential trip in October

Payment is due by 7th September.

If you need financial support, our Student Experience team can help. Call 01539 814700 for guidance or visit our Student Money page on our website: <https://kendal.ac.uk/life-at-kendal-college/student-money>

Summer preparation

Get outdoors as much as you can over the summer - climb, paddle, walk, explore or join a local outdoor club. The more active you are now, the more confident you'll feel in September.

Summer activity

Try to beat the tutor's record by tying an Alpine Butterfly Knot in under 4 seconds. Watch the demo videos:

- [kend.al/abktc](https://kendal.ac.uk/abktc)
- [kend.al/sktc](https://kendal.ac.uk/sktc)

Once you've mastered it, send a photo of your knot and your best time to josh.litten@kendal.ac.uk.

Enrichment Activities

Outdoor Adventure is a highly active programme with weekly sessions using local facilities and the incredible natural environments around us. You'll take part in essential trips and residential designed to broaden your skills and experience. We're planning a residential trip to North Wales from 1st-4th October, so please keep these dates free when planning your year.

We're proud of what we offer and we can't wait to see you thrive in the new academic year. If you're unsure about anything, don't worry - everything will be explained at Enrolment Day and during your induction.

Find out more...



Prepare for your course
Scan the QR code

Department information
kendal.ac.uk/active

Day-to-day student life

@kendaloutdoor



Work experience

As part of your course you are required to complete 35 hours of work experience which is a mandatory part of your study programme.

Your 35 hours can be completed over one week or spread across a number of weeks. The format of your work placement will be discussed in more detail when you start your course.

Where do I start looking for a placement?

- Research local employers and organisations that interest you.
- Ask friends and family if they know of any placement opportunities.
- Contact employers directly and make sure your CV is up to date.
- Start looking early to give yourself the best chance of finding a placement.

If you have any questions or need any further advice relating to your work placement, you can contact the Student Experience and Progression team on **01539 814700** or email studentexperience@kendal.ac.uk



Sport

Thank you for choosing to study Sport at Kendal College.

If you're passionate about fitness, coaching or sport development, you're in the right place. This programme gives you a full mix of exciting activities and real-world experiences that prepare you for the industry from day one.

You'll train and learn alongside industry professionals, thanks to our growing partnerships with organisations like the Association of Colleges Sport, Westmorland FA, Kendal Rugby Club, Carus Green Golf Club, Good220 Fitness, Phoenix Fitness and GT7 Football Academy. These links give you access to genuine expertise, real environments and real opportunities - helping you build confidence and skills fast.

What you will need for your course

To stay organised and ready for practical sessions, bring:

- Pens, coloured pens, pencil, ruler, eraser, highlighter, sharpener
- A4 lined paper
- Lever-arch file
- Laptop or device (recommended, but not essential)
- Water bottle
- Your course uniform is supplied by Kukri Sport.

Your course uniform/sports kit

Our kit supplier is Kukri Sport, who kit out major organisations including English Athletics, British Gymnastics, Lancashire County Cricket Club, and education providers nationwide. You'll find Kendal College listed under the Education section at kukrisports.com/uk/home or by scanning the QR code here:



Your compulsory kit bundle includes:

- ¼-zip top
- Technical t-shirt
- Tracksuit bottoms or leggings

Financial support is available. Please just ask our Student Experience Team or call 01539 814700.

kendal.ac.uk | hello@kendal.ac.uk | 01539 814700 |



Find out more...



Prepare for your course
Scan the QR code

Department information
kendal.ac.uk/active

Day-to-day student life

@kendalsport



"The important thing in life is not the triumph, but the fight; the essential thing is not to have won, but to have fought well."

Summer preparation

Before you start in September, we recommend you take part in as many sporting activities you can, and if you haven't already, join your local sports club or team.

Summer sports activity

Participate in a range of sporting and fitness activities, keeping a log of type (sport or activity name), duration (time length of session) and any other variable associated with the session (e.g. reps, set intensity, drills).

Enrichment activities

The sports course is highly active, with weekly sessions at local sporting facilities and a programme of trips and residentials designed to broaden your industry experience.

Level 2

You'll head out to a variety of sporting venues across the year. Previous trips have included ten-pin bowling, ski development at Kendal Ski Club, 3-1-5 Health Club, and outdoor adventure activities at local venues. Full details for this year's trips will be shared once you start the course.

We're proud of what we offer and we can't wait to see you thrive in the new academic year. If you're unsure about anything, don't worry - everything will be explained at Enrolment Day and during your induction.

Level 3 Sport & GT7

In your first year, you'll visit St George's Park, England Football's world-class training base, for a full-day tour and coaching masterclass.

In your second year, you'll take part in an unforgettable overseas trip to Club La Santa, Lanzarote - training and playing alongside elite athletes from different countries, cultures and sporting backgrounds.

Work experience

As part of your course you are required to complete 35 hours of work experience which is a mandatory part of your study programme.

Your 35 hours can be completed over one week or spread across a number of weeks. The format of your work placement will be discussed in more detail when you start your course.

Where do I start looking for a placement?

- Research local employers and organisations that interest you.
- Ask friends and family if they know of any placement opportunities.
- Contact employers directly and make sure your CV is up to date.
- Start looking early to give yourself the best chance of finding a placement.

If you have any questions or need any further advice relating to your work placement, you can contact the Student Experience and Progression team on **01539 814700** or email studentexperience@kendal.ac.uk



Business

Thank you for choosing to study Business at Kendal College.

We're delighted to welcome you to our course and are excited to support you on the next stage of your educational journey. At Kendal College, we are committed to helping every student achieve their full potential. Our aim is to inspire, challenge and motivate you to succeed, whether your future plans involve university, apprenticeships or launching straight into an exciting career in the business world.

You will be taught by experienced industry professionals who bring real-world knowledge and expertise into the classroom.

Throughout your studies, you'll develop the skills, confidence and understanding that employers and universities are looking for, preparing you for a successful future in a fast-paced and ever-changing business environment.

What you will need for your course

To help you get the most from your studies, we recommend bringing the following equipment:

- Pens and coloured pens
- Pencils, ruler, rubber and sharpener
- Highlighters
- A pad of A4 lined paper
- A lever-arch file for organising your work
- A laptop or internet-enabled device (recommended but not essential).

If you need financial support, our Student Experience team can help. Call 01539 814700 for guidance or visit our Student Money page on our website:
<https://kendal.ac.uk/life-at-kendal-college/student-money>



Find out more...



Prepare for your course
Scan the QR code
Department information
kendal.ac.uk/business

Summer preparation

One of the best ways to prepare for studying Business is to start exploring the subject before September.

Books: Stephen Covey- 7 habits of effective people, The Economist

Websites: Tutor2u, Pearson or City & Guilds (for insight to your course), Ted talks

Podcasts: BBC World Service business news, Politics, the Economy and Business podcast, Financial times daily updates, BBC Business Daily, Marketing Week, The Bottom Line (BBC), and Wake Up To Money (BBC)

Podcasts available on Spotify: 10 Minute MBA, Business Breakdowns, The mind your business

Films to watch with a business link: The Big Short, The Social Network, Thank You for Smoking, Jobs, The Insider, Startup.com, Wall Street, Twelve Angry Men, Moneyball

Before you begin in September, please try to remain up-to date with news from around the world, particularly business and politics.

Enrichment activities

Your Business course goes far beyond the classroom. You'll have the opportunity to visit universities and local businesses, giving you a real insight into future study and career pathways. Day visits typically cost £5-£10 and provide valuable experiences that bring your learning to life.

There are also exciting opportunities to take part in residential trips across the UK and Europe, combining business-related visits with cultural and social experiences that help you grow in confidence and independence. These trips typically cost £200-£400.

Within college, you'll hear from high-profile guest speakers from a range of industries and put your business skills to the test through activities such as debates, enterprise events and stock market challenges. These enrichment opportunities are designed to broaden your horizons, enhance your CV and help prepare you for future employment/study.

We're proud of what we offer and we can't wait to see you thrive in the new academic year. If you're unsure about anything, don't worry - everything will be explained at Enrolment Day and during your induction.

Work experience

Work placement is a mandatory part of your course. The required hours will vary depending on your course, and further information will be provided on Enrolment Day.

T Level students must complete 315 hours of industry placement, which will be discussed when you start your course.

Where do I start looking for a placement?

- Research local employers and organisations that interest you.
- Ask friends and family if they know of any placement opportunities.
- Contact employers directly and make sure your CV is up to date.
- Start looking early to give yourself the best chance of finding a placement.

If you have any questions or need any further advice relating to your work placement, you can contact the Student Experience and Progression team on **01539 814700** or email studentexperience@kendal.ac.uk



Barbering, Hairdressing & Beauty Therapy

Thank you for choosing to study Barbering, Hair & Beauty Therapy at Kendal College.

We are delighted to welcome you to a vibrant, creative and professional learning environment where you'll develop the skills, confidence and industry knowledge needed to succeed in this exciting sector.

At Kendal College, we are passionate about helping our students achieve their goals. Throughout your course, you'll be taught by experienced industry professionals who will share their expertise, helping you master the practical and technical skills required for a successful career in the hair and beauty industry. Whether you dream of working in a salon, becoming self-employed, specialising in barbering, makeup artistry or beauty therapy, we'll support you every step of the way.

What you will need for your course

To help you get the most from your studies, we recommend having access to:

- A laptop or other internet-enabled device (recommended but not essential).

You will also need to purchase the uniform and professional kit required. Details of costs and ordering information can be found at: kendal.ac.uk/welcome

If you need financial support, our Student Experience team can help. Call 01539 814700 for guidance or visit our Student Money page on our website: <https://kendal.ac.uk/life-at-kendal-college/student-money>

Summer challenge

We'd love to get to know you more!

Create a short PowerPoint presentation or mood board that introduces you and your interests.

- Why you want to become a hairdresser, barber or beauty therapist
- What or who inspires you
- Your likes and dislikes
- Your favourite YouTube, Instagram or TikTok creators

Be creative and make it personal – we can't wait to learn more about you!

Summer preparation

The hair and beauty industry is constantly evolving, with new trends, techniques and products emerging all the time. We encourage you to immerse yourself in the industry over the summer and start building your knowledge before September.

A great place to start is by visiting local salons and barbershops. Consider what makes some stand out from others and think about the customer experience they provide. This will help you develop your industry awareness and prepare for future work placements.

Useful Websites

- Wella Education
- Warpaint Magazine
- Hairdressers Journal
- Kryolan Make-Up
- Neal & Wolf
- Dermalogica

Podcasts & Online Learning

- Wella Education (YouTube)

Instagram Accounts:
Behind the Chair, Matrix,
L'Oréal, Barbershop
Connect, Neal & Wolf,
Dermalogica

Recommended Reading

- Diploma for Hair Professionals (City & Guilds)
- Hairdressing: The Foundations Level 2 – Leo Palladino
- Hairdressing & Barbering: The Foundations Level 2 – Leo Palladino
- Beauty Therapy: The Foundations Level 2 VTCT – Lorraine Nordmann

Enrichment activities

Take your learning beyond the salon with exciting industry experiences throughout the year.

- Visit professional Hair & Beauty shows and discover the latest trends, products and techniques (£20–£30 per visit).
- Join an optional international residential trip featuring salon visits and cultural experiences (£400–£500).
- The department also has excellent contacts within the industry and there will be a number of high-profile co-deliverers, which will allow you to understand the industry in much more detail.

We're proud of what we offer and we can't wait to see you thrive in the new academic year. If you're unsure about anything, don't worry - everything will be explained at Enrolment Day and during your induction.

Find out more...



Prepare for your course

Scan the QR code

Department information

kendal.ac.uk/salon

Day-to-day student life

@kendalhairbeauty

Work experience

As part of your course you are required to complete 35 hours of work experience which is a mandatory part of your study programme.

Your 35 hours can be completed over one week or spread across a number of weeks. The format of your work placement will be discussed in more detail when you start your course.

Where do I start looking for a placement?

- Research local employers and organisations that interest you.
- Ask friends and family if they know of any placement opportunities.
- Contact employers directly and make sure your CV is up to date.
- Start looking early to give yourself the best chance of finding a placement.

If you have any questions or need any further advice relating to your work placement, you can contact the Student Experience and Progression team on **01539 814700** or email studentexperience@kendal.ac.uk



Animal Care

Thank you for choosing to study Animal Care at Kendal College.

We're looking forward to an exciting year of practical learning, both on and off campus, working with animals great and small. You'll develop new skills, build confidence, make lifelong friendships and gain valuable experiences that will help prepare you for a rewarding future career in the animal industry.

What you will need for your course

To make the most of your course, we recommend bringing:

- A laptop or internet-enabled device (recommended but not essential)
- Pens, pencils, ruler, highlighters and other basic stationery
- A pad of A4 lined paper
- A lever-arch file (T Level students only)
- A scientific calculator (T Level students only)

For practical sessions, you'll also need:

- A branded uniform (college polo shirt and black, navy or green boiler suit)
- Sturdy boots or wellington boots
- Waterproof clothing (black, navy or green)

Be prepared for all weather conditions – animal care doesn't stop when it rains!

Details of costs and ordering information can be found at: kendal.ac.uk/welcome

If you need financial support, our Student Experience team can help. Call 01539 814700 for guidance or visit our Student Money page on our website: <https://kendal.ac.uk/life-at-kendal-college/student-money>

Summer preparation

Get inspired before you start by exploring the fascinating world of animals and conservation.

Documentaries & TV Shows

- Blue Planet II
- A Life on Our Planet
- Dancing with the Birds
- The Supervet
- Big Animal Surgery
- Seven Worlds, One Planet

- Useful Organisations
- RSPCA
- RSPB
- BIAZA
- Zooniverse
- IUCN Red List

Summer activity

T-Level

Please complete the Summer Assignment detailed on the PowerPoint and relating to the ESP Brief, available on the welcome website., or by scanning the QR code.



Enrichment activities

Learning goes far beyond the classroom. Throughout your course, you'll have opportunities to visit zoos, wildlife parks, wetlands and universities, as well as support local events such as Country Fest and the Westmorland County Show.

You'll also have the chance to take part in an international residential trip, combining educational visits with cultural experiences and the opportunity to explore wildlife in another country.

Making a difference for nature

Kendal College is proud to be a Hedgehog Friendly Campus and part of the SOS-UK Nature Friendly Grounds Programme. You'll study in an environment that actively supports wildlife, biodiversity and conservation, while having opportunities to get involved in projects that help make a real difference to nature on campus and in the local community.

We're proud of what we offer and we can't wait to see you thrive in the new academic year. If you're unsure about anything, don't worry - everything will be explained at Enrolment Day and during your induction.

Find out more...



Prepare for your course
Scan the QR code

Department information
kendal.ac.uk/animals

Day-to-day student life

@kendalanimal



Work experience

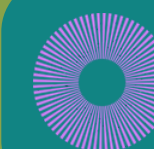
Work placement is a mandatory part of your course. The required hours will vary depending on your course, and further information will be provided on Enrolment Day.

T Level students must complete 315 hours of industry placement, which will be discussed when you start your course.

Where do I start looking for a placement?

- Research local employers and organisations that interest you.
- Ask friends and family if they know of any placement opportunities.
- Contact employers directly and make sure your CV is up to date.
- Start looking early to give yourself the best chance of finding a placement.

If you have any questions or need any further advice relating to your work placement, you can contact the Student Experience and Progression team on **01539 814700** or email studentexperience@kendal.ac.uk



MY LOCAL AWARDS
2026

Animal Rescue
Centre of the
Year 2026



Uniformed Services

Thank you for choosing to study Uniformed Services at Kendal College.

Are you ready to begin an exciting, rewarding, and action-packed course that will challenge you both physically and mentally for all the right reasons?

This is your chance to develop new skills, build confidence, improve your fitness, and gain valuable insight into the world of the Uniformed Protective Services. We can't wait to welcome you and help you start your journey this September.

What you will need for your course

To give yourself the best possible start, we recommend bringing the following equipment:

- Pens and coloured pens
- Pencil
- Ruler
- Eraser
- Highlighter
- Pencil sharpener
- Pad of A4 lined paper
- Laptop or another internet-enabled device (recommended but not essential)

You will also need to purchase course-specific uniform and equipment. Full details can be found at kendal.ac.uk/welcome.

If you need financial support, our Student Experience team can help. Call 01539 814700 for guidance or visit our Student Money page on our website: <https://kendal.ac.uk/life-at-kendal-college/student-money>



Find out more...



Prepare for your course
Scan the QR code
Department information
kendal.ac.uk/uniform



Summer preparation

Why not get a head start before September? We encourage you to explore the world of Uniformed Services by watching documentaries, reading articles, listening to podcasts or following current events related to the Police, Fire and Rescue Service, Armed Forces, Coastguard and other emergency services.

Summer challenge & what to expect

We'd encourage you to watch, read and listen to as much content relating to uniformed services as possible, to help you prepare for your studies in September.

The main thing to do is get active and keep active over the summer. Go out for a run/walk 2 to 3 times a week and practice body weight exercises such as squats, lunges, press ups and sit ups.

The UPS course involve a highly active programme where you will engage with local operational protective services. You will also be taking part in weekly physical training sessions run by an Army Physical Training Instructor (PTI) to help develop and boost those fitness levels to enable you to pass your chosen service fitness tests.

Enrichment activities

Make the most of your time at college by getting involved in our exciting enrichment programme. From sports and fitness activities to volunteering, guest speakers, trips, challenges and community projects, there's something for everyone.

Enrichment is a great way to build confidence, develop new skills, meet new people and boost your CV or university application.

Get involved, try something new, and make your college experience even more rewarding!

We're proud of what we offer and we can't wait to see you thrive in the new academic year. If you're unsure about anything, don't worry - everything will be explained at Enrolment Day and during your induction.



Agriculture

Thank you for choosing to study Agriculture at Kendal College.

Agriculture is more than farming – it's an innovative, exciting industry that helps feed the nation, supports rural communities and protects the countryside for future generations. As the industry evolves, there are more opportunities than ever before. Whether you dream of working on a farm, managing livestock, operating machinery, running your own business or shaping the future of sustainable food production, this course will equip you with the skills, knowledge and practical experience to get there.

We're excited to welcome you in September and help you take the first steps towards a rewarding career in one of the UK's most essential and forward-thinking industries.

What you will need for your course

To help you get the most from your studies, we recommend bringing:

- Pen, coloured pens, pencil, ruler, eraser, highlighter and sharpener
- A4 lined paper and a lever-arch file, or A4 notebooks
- Laptop or other internet-enabled device (recommended but not essential)
- Overalls (preferably a long-sleeved boilersuit rather than bib-and-brace style)
- Steel toe-capped boots or wellingtons (ideally both, but if choosing one, wellingtons are recommended)
- Waterproof clothing and warm outdoor layers

If you need financial support, our Student Experience team can help. Call 01539 814700 for guidance or visit our Student Money page on our website: <https://kendal.ac.uk/life-at-kendal-college/student-money>

Funding support

The Cumbria Community Foundation can help students studying land-based courses with the costs of PPE, transport, and additional qualifications such as ATV, Telehandler and Spraying courses.

Apply here:

cumbriafoundation.org/fund/swales-trust-fund

If your family farming business is a member of The Farmer Network, you may also be able to apply for training vouchers towards additional industry qualifications.

Summer preparation

Get yourself farm-ready before September by immersing yourself in the industry:

- Read farming magazines, articles and industry publications
- Follow farming content online, through podcasts and social media
- Visit livestock auction marts to gain an insight into current markets and trends
- Keep up to date with developments affecting British agriculture
- Most importantly, come with an open mind and a willingness to learn about an industry that is constantly evolving.

Staying Safe

Working outdoors and around livestock can increase the risk of tetanus. Before starting your course, ensure your tetanus vaccinations are up to date. If you're unsure, contact your GP practice for advice.

Enrichment activities

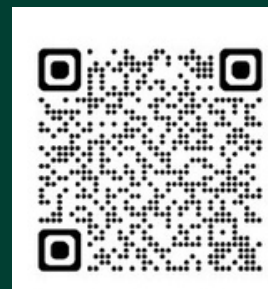
Learning doesn't stop in the classroom. Throughout your course, you'll have opportunities to get out into the industry and experience agriculture first-hand.

You may take part in:

- Visits to local farms and agricultural businesses
- Agricultural shows and trade events
- Industry guest speakers and demonstrations
- Skills competitions and practical workshops
- Additional qualifications and training opportunities
- These experiences will help you build your confidence, expand your industry knowledge, and make valuable connections for your future career.

We're proud of what we offer and we can't wait to see you thrive in the new academic year. If you're unsure about anything, don't worry – everything will be explained at Enrolment Day and during your induction.

Find out more...



Prepare for your course
Scan the QR code

Department information
kendal.ac.uk/agriculture

Work experience

Level 1 students

As part of your course you are required to complete 35 hours of work experience. Your 35 hours can be completed over one week or spread across a number of weeks.

T-Level students

You will need to complete 315 hours work placement over two years in a farm setting.

The format of your work placement will be discussed in more detail when you start your course.

Where do I start looking for a placement?

- Research local employers and organisations that interest you.
- Ask friends and family if they know of any placement opportunities.
- Contact employers directly and make sure your CV is up to date.
- Start looking early to give yourself the best chance of finding a placement.

If you have any questions or need any further advice relating to your work placement, you can contact the Student Experience and Progression team on **01539 814700** or email studentexperience@kendal.ac.uk



Link2

Thank you for choosing to study Link 2 at Kendal College.

Are you ready to explore new interests, discover your strengths and build skills for your future?

Link2 is an exciting and varied programme designed to help you develop confidence, independence and employability skills through a mixture of practical learning, personal development and real-world experiences.

Throughout the year, you'll have the opportunity to explore a range of vocational areas across the college, including Animal Care, Hospitality and Catering, Construction and more. This gives you the chance to try different subjects, discover what you enjoy and begin thinking about your future career pathway.

Alongside your vocational studies, you will develop important transferable skills, improve your English and Maths, and take part in activities that help you become more independent and prepared for the next stage of your education, training or employment.

You'll also have opportunities to work with local organisations, including Waste into Wellbeing, Brewery Arts and St John's Hospice, gaining valuable experiences that bring learning to life while making a positive contribution to the community.

We look forward to welcoming you and supporting you on your Link2 journey.

If you need financial support, our Student Experience team can help. Call 01539 814700 for guidance or visit our Student Money page on our website: <https://kendal.ac.uk/life-at-kendal-college/student-money>



Find out more...



Prepare for your course
Scan the QR code ←
Department information
kendal.ac.uk/foundation

What you will need for your course

To help you get the most from your course, we recommend bringing:

- Pen, coloured pens, pencil, ruler, eraser, highlighter and sharpener
- Glue stick
- Pad of A4 lined paper
- Lever-arch file
- College laptops will be available for you to use, but you're welcome to bring your own device if you prefer.

Summer preparation

Before joining us in September, take some time to think about your interests, strengths and future goals. You may wish to:

- Explore the different vocational courses available at Kendal College
- Research careers that interest you
- Think about subjects and activities you enjoy
- Consider the skills you'd like to develop in the future

A great place to start is by visiting cumbria.startprofile.com

During the course, you'll also have opportunities to gain valuable real-world experience through community projects and partnerships with organisations such as Waste into Wellbeing, Brewery Arts and St John's Hospice. These experiences bring learning to life and allow you to make a positive difference in your local community.

Enrichment activities

College is about more than just lessons. Throughout the year, you'll have the chance to take part in a variety of trips, events and activities that help you build confidence, develop new skills and make new friends. You could get involved in:

- Educational visits and local community projects
- Student Representative opportunities
- Cross-college activities and events
- Volunteering opportunities
- Experiences in different vocational areas

These activities are designed to enhance your learning, broaden your experiences and help you make the most of college life.

We're proud of what we offer and we can't wait to see you thrive in the new academic year. If you're unsure about anything, don't worry - everything will be explained at Enrolment Day and during your induction.





Supported Internship

Thank you for choosing to study Supported Internship at Kendal College.

Are you ready to take the next step towards a more independent future and a rewarding career?

Our Supported Internship programme offers a unique opportunity to gain real workplace experience, develop valuable employability skills, and build the confidence needed to achieve your goals. Whether you're aiming for paid employment, volunteering, an apprenticeship or further study, this programme is designed to help you succeed.

Delivered in partnership with Kendal College, Westmorland and Furness Council and Right2Work, the internship provides a supportive and inclusive environment where you'll learn, grow and prepare for adult life.

Throughout the year, you'll take part in a range of work placements known as rotations. These placements will give you hands-on experience in different areas of work, helping you develop essential skills such as communication, teamwork, organisation, problem-solving and professionalism.

More than just preparing you for employment, the Supported Internship will help you build independence, increase your confidence, strengthen your social skills and gain a better understanding of your strengths, interests and aspirations.

We are excited to support you on this journey and can't wait to welcome you in September.



Find out more...



Prepare for your course
Scan the QR code
Department information
kendal.ac.uk/foundation



What you will need for your course

The most important thing you can bring is a positive attitude, enthusiasm and a willingness to learn.

To make the most of your internship, you'll be encouraged to:

- Attend regularly and arrive on time
- Be respectful and professional in the workplace
- Be willing to try new experiences
- Take responsibility for your learning and development
- Step outside of your comfort zone and challenge yourself

Don't worry – you'll be supported every step of the way as you develop these important skills.

You will have access to a laptop for coursework and online training, although you are welcome to bring your own device if you prefer.

If you need financial support, our Student Experience team can help. Call 01539 814700 for guidance or visit our Student Money page on our website:
<https://kendal.ac.uk/life-at-kendal-college/student-money>

Summer preparation

Before starting the programme, we encourage you to think about the types of jobs, workplaces or industries that interest you. As part of the enrolment process, you will:

- Attend an assessment day
- Meet your tutor, job coach and fellow interns
- Complete a DBS application with support from college staff
- Have the opportunity to visit the host workplace and become familiar with the environment

Taking some time to think about your future goals before September will help you get the most from the programme and your work placements.

Enrichment activities

Alongside your internship and work placements, you'll have access to a variety of enrichment activities designed to support your personal development and help you build new skills and friendships.

Opportunities may include team-building activities and outings, employer visits and guest speakers, social skills and confidence-building workshops, volunteering and community projects, careers fairs and networking events and programme celebrations and achievement events.

These experiences will help you grow in confidence, develop valuable life skills and prepare you for success both during and beyond your internship.

We're proud of what we offer and we can't wait to see you thrive in the new academic year. If you're unsure about anything, don't worry - everything will be explained at Enrolment Day and during your induction.

Best Inclusion Initiative 2025





Access to Higher Education: Health & Human Sciences

Thank you for choosing to study Access to HE at Kendal College.

We are delighted that you are joining the Access to HE programme and taking the next exciting step towards your future career, university study, or personal goals. Returning to education can feel both exciting and daunting, but our dedicated team will be here to support you every step of the way.

This course is designed to help you build confidence, develop academic skills, and achieve the qualifications you need to progress successfully to higher education.

To help you get off to the very best start, we've put together some useful information about preparing for your course.

What you will need for your course

Starting the course well-prepared will help you stay organised and make the most of your learning experience. We recommend that you have the following:

- A diary or planner
- Pens and pencils
- A ruler
- Notepaper or notebooks
- A lever arch file with dividers for organising your work
- A laptop and internet access are highly recommended

If you need financial support, our Student Experience team can help. Call 01539 814700 for guidance or visit our Student Money page on our website:

<https://kendal.ac.uk/life-at-kendal-college/student-money>

Course structure

Access to HE courses are specifically designed to prepare you for university-level study and are closely linked to your intended progression route. To successfully complete the programme, you will need to achieve 60 credits. These credits are awarded through a range of units that are relevant to your chosen subject area and future career aspirations.

Alongside specialist subject units, you will also study modules that focus on:

- Academic writing
- Research skills
- Referencing
- Critical thinking
- Independent study skills

These study skills units are designed to support your transition back into education and help you develop the confidence needed to succeed in higher education.

Summer preparation

Before you start, take some time to explore where you want the course to take you. Research:

- University courses that interest you
- Entry requirements and UCAS tariff points
- Career routes linked to your subject

Having a clear destination in mind can help keep you motivated throughout the year.

Did you know?

If you progress to university, any Advanced Learner Loan taken out for your Access to HE course is usually written off and does not need to be repaid.

Access to HE films

Hear from our students, tutors and Alumni on our Access to HE playlist.



Feel prepared

A little preparation now can save you time later. Start thinking about:

- Why you want to study your chosen subject
- The skills and experience you can bring
- Your future ambitions
- Even a few notes or a first draft will give you a great head start.

- Read books or articles related to your subject
- Follow the latest developments and news
- Explore journals, podcasts or documentaries

The more familiar you are with the subject, the more confident you'll feel when classes begin.

Creating good study habits from the start will help you stay on track and get the most from your course.

We're proud of what we offer and we can't wait to see you thrive in the new academic year. If you're unsure about anything, don't worry - everything will be explained at Enrolment Day and during your induction.

Find out more...



Prepare for your course
Scan the QR code
Department information
kendal.ac.uk/access